

## Medical and Humanitarian Aid – List of Supplies

### Supplies:

Supply	Category
Sleeping bags	Camping equipment
Socks (warm socks)	Clothing
Thermal underwear	Clothing
Water purification tables	Camping equipment
Wool blankets	Other
Candles	Power
Tents	Sleep
Camping mattresses	Sleep
Pads, tampons	Hygiene products

### Readily Available Medical Supplies:

Supply	Category
Sterile Wipes	Dressing Supplies
Dressings	Dressing Supplies - Gauze
Elastic fixing bandage (different sizes)	Dressing Supplies - Gauze
Bandages against burns, Hydrogel anti-burn bandage of different sizes	Dressing Supplies - Gauze
Sterile bandages 10 x 14	Dressing Supplies - Gauze
Sterile material for anti-burn measures	Dressing Supplies - Gauze
Sterile material for wound surface treatment	Dressing Supplies - Gauze
Soft gauze	Dressing Supplies - Gauze
Non-woven adhesive tape	Dressing Supplies - Tape
Occlusive tape	Dressing Supplies - Tape
First Aid Kits	Kits
Waterproof Markers	Other
NPA, OPA pocket masks	PPE
Gloves	PPE
Masks	PPE
Eye Protection	PPE

### General Medical Needs:

Supply	Category
CAT Tourniquets	Dressing Supplies
Gel based occlusive thoracic bandage (sticker) (with or without valve)	Dressing Supplies
SAM splint	Dressing Supplies
Sterile wipes	Dressing Supplies

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SWAT Tourniquets	Dressing Supplies
Bandages (Israeli type)	Dressing Supplies - Gauze
Chemical means for a stop of bleeding (bandage hemostatic tamponing with hemostatic means)	Dressing Supplies - Gauze
Dressings	Dressing Supplies - Gauze
Elastic fixing bandage (different sizes)	Dressing Supplies - Gauze
Bandages against burns, Hydrogel anti-burn bandage of different sizes	Dressing Supplies - Gauze
Non-sterile bandage (different sizes)	Dressing Supplies - Gauze
QuikClot – Hemostatic bandage tamponade patches	Dressing Supplies - Gauze
Sterile bandages 10 x 14	Dressing Supplies - Gauze
Sterile material for anti-burn measures	Dressing Supplies - Gauze
Sterile material for wound surface treatment	Dressing Supplies - Gauze
Non-woven adhesive tape	Dressing Supplies - Tape
Occlusive tape	Dressing Supplies - Tape
Soft gauze	Dressing Supplies - Tape
Individual sterile dressing package (Israeli Emergency Bandage 6 – with elastic compression component + protective)	Dressing Supplies/Kits
Individual sterile dressing package with elastic first aid compression component with protective moisture-resistant	Dressing Supply
Defibrillator	Hospital Equipment
Set for catheterization of the bladder	Hospital Equipment
Soft Folding barrows (aka stretcher)	Hospital Equipment
Systems for blood/plasma transfusions	Hospital Equipment
Colloids/Crystalloids	IV Fluids
First Aid Kits	Kits
IFAK = Individual First Aid Kits (NATO Standard/for emergency/trauma situations)	Kits
Pillpacks – antibiotics, anti-inflammatories, pain medication	Kits
Stomach wash kit	Kits
Tactical responder bags	Kits
Waterproof markers	Other
NPA, OPA pocket masks	PPE
Gloves	PPE
Masks	PPE
Eye protection	PPE
Laryngeal masks with combitubes (4,5,6)	Respiratory
Nasopharyngeal airway (airway, tube)	Respiratory
Nasopharyngeal airways	Respiratory
Tracheostomy/coniotomy kits	Respiratory/Kits
Trauma Scissors	Sharps

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### OTC Medications:

Supply	Generic Name	Dosage	Route	Purpose
Activated charcoal	N/A	Solid oral dosage form: 0.25 g	IV	GI
Loperamide	Imodium	Solid oral dosage form: 2 mg	IV	GI
Furosemide	Lasix	Tablets: 40 mg	PO	Diuretic
Ethanol	Alcohol	70% (denatured)	TOP	Antiseptic
Povidone-iodine	Iodopovidone	10% (equivalent to 1% active iodine)	TOP	Antiseptic
Chlorhexidine	N/A	0.05% (bigluconate)	TOP	Antiseptic
Paracetamol	Acetaminophen/Tylenol	500 mg	PO	Pain/Fever
Paracetamol	Acetaminophen/Tylenol	Solution for oral use	PO	Pain/Fever
Paracetamol	Acetaminophen/Tylenol	Suppositories	REC	Pain/Fever
Paracetamol	Acetaminophen/Tylenol	Solid oral dosage form	PO	Pain/Fever
Acetylsalicylic Acid	ASA/Aspirin	Solid oral dosage form: 75 mg – 300 mg	PO	Pain/Fever/Inflammation
Ibuprofen	Advil/Motrin		PO	Pain/Fever/Inflammation
Naproxen	Aleve		PO	Pain/Fever/Inflammation
Dimenhydrinate	Gravol		PO	Nausea
Bismuth Subsalicylate	Pepto Bismol/Kaopectate		PO	Nausea